



Lunalilo Home

Mālama Kūpuna

Loving care for Hawaii's elderly in a serene setting.

SUMMER 2016

OUR MISSION

To provide respectful, quality, compassionate, and caring services for disadvantaged kūpuna of Hawaiian ancestry.

OUR VISION

To be the foremost system of elder services for Native Hawaiians.

IN THIS ISSUE

MĀLAMA PONO I NĀ KŪPUNA
Care Well for Elders
Community.....1

KŪPUNA CARE CORNER
Workshop by I Ola Lāhui.....2
May Day2
Mele Ho`okipa.....2

COMMUNITY CONNECTIONS
Care Well for Elders, Cont'd
Donations.....3
Mele Ho`okipa, Cont'd.....3

EVENT HIGHLIGHTS
Annual Lū au.....4
Mālama Kūpuna Awards.....4

UPCOMING EVENTS

25th Annual
Golf Tournament
Friday
*September 23, 2016 *
Hawaii Kai Golf Course

COME VISIT US

Call us for a tour of our
42 bed Residential Care
Home and 6-day per week
Adult Day Care Center!
808-395-1000
info@lunalilo.org

Mālama Pono i Nā Kūpuna Care Well for Elders

The healthy lives and vivaciousness of spirit of our kūpuna at Lunalilo Home are achieved through a variety of meaningful ways in which persons and organizations may mālama pono i nā kūpuna – care well for elders. Each and every person who volunteers or makes a donation to Lunalilo Home and Adult Day Care has, and will make a positive difference for our kūpuna.

Volunteers have been a part of the fabric of Lunalilo Home for decades. Visiting guests recall wonderful memories, as keiki or opio, of coming to Lunalilo Home to perform hula or sing with kūpuna. They share stories of building greenhouses and gardens, of installing benches for kūpuna to rest on - either during walks on the spacious grounds or while chatting with family and friends.



Over 80 Volunteers from The Kamehameha School's Operational Support Division

Lunalilo Home's community of volunteers is vast, growing in numbers, come in all forms, are wonderfully appreciated, always welcomed, and interwoven into the activities program of the daily schedule. They all make a tremendous difference in the lives of our deserving kūpuna. Each month between 150 and 200 individuals take time from their own busy lives to add to and make every day extra special. That amounts to about 2,000 persons each year! Volunteers include: Sandy who tells stories every Friday; individual musicians like Barbara who conducts sing-a-longs each week; church groups that provide spiritual services and retirees who sing and dance. Punahou elementary school classes have recently provided hand massages for kūpuna, and the Royal Hawaiian Band conducts a few concerts each year. The Kamehameha Schools' Operational Support Division, with over 80 workers and accompanying heavy equipment

(including dump truck), volunteered to trim trees, renovate landscaping, paint and repair the dining room and rejuvenate walkway railing systems. Boy Scouts working on Eagle projects poured concrete for a new Adult Day Care Lanai; and the Rotary Club of Hawaii Kai, working in conjunction with the Kaiser High School Key Club, have built and continue to maintain a garden that provides fruit, vegetables, and herbs for nutritious and delicious local style meals that make up the menu for our kūpuna.

Along with more than 130 years of our staffs' expertise in providing supportive services to kūpuna, our wonderful community of volunteers have significantly added to our Home's vibrancy and ability to keep our promise to respect the individual dignity of our kūpuna while providing care in the spirit of aloha and `ohana.



Resident shares a moment with PoPo during pet visitation

Lunalilo Home and our kūpuna are grateful and extend a mahalo nui loa to all who have given of themselves so that our precious kūpuna have lives that are enriched in spirit and joy. Those who wish to volunteer at Lunalilo Home may contact Jill Martinez at 395-4065.

Continued in Community Connections...

KŪPUNA CARE CORNER

Lunalilo Home Sponsors Mindfulness & Stress Reduction Workshop Presented by I Ola Lāhui "so that the people will live and thrive"

For more information regarding programs and services provided by I Ola Lāhui, please visit their website at www.iolalahui.org

I Ola Lāhui, a non-profit organization dedicated to providing evidence-based and culturally-minded mental health care to underserved communities, recently partnered with Lunalilo Home to present a "Mindfulness and Stress Reduction Workshop".

Specializing in techniques shown to be helpful for those affected by stress and frustration, Dr. Lucas Morgan shared how to recognize signs of stress in oneself or a loved one, as-well-as basic training and simple practices to help caregivers feel less overwhelmed and be more present in day-to-day work and home life. The workshop emphasized that developing mindfulness skills helps ourselves and those we work with by reducing stress, anxiety, depression, and helps individuals rest/sleep better, thus improving overall mental and physical health. 🙏



Dr. Lucas Morgan, Ph. D, provided insight into the practice of mindfulness-based treatments during a recent workshop offered at Lunalilo Home

Kūpuna-Centered Celebrations

May Day at Lunalilo Home

Lunalilo Home and Adult Day Care hosted the annual May Day celebration with a program highlighting the life and legacy of King William Charles Lunalilo. Kūpuna and staff put on their best show as a member from `Olelo Community Media videotaped the program which aired on `Olelo (Channel 53).

Following the ceremonial crowning of this year's Queen and King-Gladys Mocksing and her husband Hans Mocksing-a number of the Queen's Court and others in attendance paid tribute to King Lunalilo through readings, mele and hula honoring his aloha and lokomaika`i to create a home for those of Hawaiian ancestry, with preference given to Kūpuna. This year's ceremony was extra special as we featured a mele ho`okipa written by J. Hau`oli Akaka (lyrics on page 3).



May Day King, Hans Mocksing & Queen, Gladys Mocksing

Following the program, Kūpuna, family and friends enjoyed refreshments on the enclosed lanai. 🙏

He Mele Ho`okipa No Home Lunalilo Mana`o

The mele, shown on the bottom of page 3, was composed by J. Hau'oli Akaka in June 2015 as a mele ho'okipa, a welcoming chant, for the staff and residents of Lunalilo Home. It may be used on occasion to welcome visitors and guests to the Home using Hawaiian imagery of affection and respect. It acknowledges the traditional Hawaiian place name of the 'ahupua'a (land division) Maunalua, as well as its wind, the 'Ihi'ihilauakea breeze, famous from Koko Head to Hanauma. This mele also recognizes the benevolent chief, King William Charles Lunalilo, whose aloha and vision established the legacy and Trust to care for our beloved kūpuna.



Guest Volunteer and Residents' Kanikapila

Continued on bottom of page 3...

COMMUNITY CONNECTIONS ...CONTINUED

Donations - Caring for and Enhancing the Lives of Kūpuna

Many individuals have heartfelt aloha for kūpuna and have reached deeply into their pockets to make generous donations to Lunalilo Home so that the lives of our residents may be further enhanced. These unrestricted funds are used for a variety of needs, including but not limited to craft supplies, seasonal decorations, special activities, and to supplement subsidies for those Hawaiian kūpuna who have insufficient finances to pay for their care. During the first quarter of 2016, Lunalilo Home received \$25,000 in unrestricted donations from generous donors who are passionate in the belief that the kūpuna at Lunalilo Home deserve the best.



Refurbished Dining Room

Friends and family of our late Trustee, Stanley Hong, donated \$60,000 of restricted funds to refurbish and name the residents' dining room in honor of Trustee Hong. New dining tables, chairs, light window coverings and patio furnishings significantly brightened the airy dining room, allowing sunlight through the French doors. Fresh paint highlighted the almost 100 year old fireplace, and brought the room back to its gracious grandeur.

In May of this year, family and friends of Trustee Hong gathered at a sunset reception to celebrate the dedication of the room in his honor.

It is through generous unrestricted donations of funds, or restricted donations for special projects, that Lunalilo Home is able to carry out our mission to provide respectful quality, compassionate and caring services for our kūpuna.

For further information about making donations, including planned or estate giving and other forms of making contributions to support kūpuna at Lunalilo Home, please contact Vicci Yau at 395-1000 X223. 🙏



Dedication Plaque honoring Trustee Stanley W. Hong

...Continued from bottom of page 2

He Mele Ho'okipa No Home Lunalilo

Composed by J. Hau'oli Akaka

(Hawaiian)

Hū wale mai ke aloha
I Maunalua nei,
I ka 'Ihi'ihilauakea
Ua hiki mai.

A hiki mai nō he hoa kipa
E kipa e walea ai,
Me ka 'olu a o ka nohona
I Home Lunalilo.

A e lilo ho'i ana 'oe
I hoa kama'āina,
I nēia wahi ho'oheno
O nā hulu kūpuna.

Mahalo a'e i ke ali'i,
Ke Ali'i Lokomaika'i,
Kahiau nō ho'i ke aloha
A mau loa.

(English Translation)

Respect and love wells up
Here at Maunalua,
Borne upon the 'Ihi'ihilauakea breeze
It arrives.

The visitor(s) has arrived
To visit and be content,
Among the pleasantry of the dwelling
Lunalilo Home.

You shall soon become
A familiar acquaintance,
At this cherished abode
Of our precious elders.

We express our gratitude to the chief,
The Good-Hearted Ruler,
Whose generous and kind affection
Shall endure forever.

Kāhea: He Mele Ho'okipa no Home Lunalilo

The borrowed `ea (melody) of this mele is taken from a familiar chant, "No Ke Ano Ahiahi", honoring King Lunalilo. 🙏

EVENT HIGHLIGHTS

Annual Benefit Lū'au

In honor of our benefactor, King Lunalilo, Lunalilo Home celebrated the King's 181st Birthday and the 133rd anniversary of the establishment of the Home on February 6, 2016. We express our heartfelt mahalo to everyone who helped make the event a wonderful success!

We are especially grateful for the professional entertainers Tony Conjugacion & 'Aulani Boys, Ron Kuala'au, Noelani Mahoe and the Leo Nahenahe Singers for creating such a wonderful atmosphere of melodic celebration of our Hawaiian heritage and culture.

Again this year, it was our pleasure to feature savory food from Haili's Restaurant served by Kamehameha Alumni volunteers. Kamehameha Schools provided delivery and set-up of tables and chairs while United Laundry added to the overall elegance with donated use of linen table cloths.

Mālama Kūpuna Awards 2016

The Trustees of the King William Charles Lunalilo Trust established the Mālama Kūpuna Award in 2014 to recognize and honor individuals, families, and/or organizations that have significantly impacted Lunalilo Home and the lives of kūpuna at the Home.

Kūpuna are those of the grandparent generation, therefore elders who are to be respected as precious and knowledgeable. Awardees are those who, through their forethought, generosity, and behavior, have made a difference in the history of Lunalilo Home and therefore, the lives of kūpuna. They have supported the Home's promise to respect the individual dignity of our kūpuna while providing care in the spirit of aloha and 'ohana.



Kahu Curtis Kekuna (Kawaiaha'o Church), Noelani Mahoe, David Iwana (Hawaii Kai Lions Club)

Time and space do not allow adequate expression of appreciation to the numerous organizations and individuals whose donated time and talents made this event possible. The outpouring of support at this time and throughout the year helps us fulfill the King's vision of providing for the beloved kūpuna of Hawai'i.

Mahalo nui to the following major donors and many others who support our efforts to continue King Lunalilo's legacy to care for our kūpuna.

Howard Hughes Corporation
Kamehameha Schools
Kamehameha Schools Office of the Trustees
Queen Liliuokalani Trust

Awardees were presented with a handheld kahili and a special mele performed by Ron Kuala'au and friends honoring each of the recipients.

THE KAWAIAHA'O CHURCH

Kawaiaha'o Church has been serving our community's spiritual needs for almost 175 years. The Church dedicated and set apart a site on their property for the erection of a mausoleum completed in 1875 for King Lunalilo. Kawaiaha'o Church has dutifully and beautifully maintained the verdant grounds around the mausoleum for over 141 years as a commitment to honor King Lunalilo.

HAWAII KAI LIONS CLUB

The Hawaii Kai Lions Club, chartered in 1973 supports the Hawaii Kai Community through service projects and meets monthly at the Home. Its relationship with Lunalilo Home covers a period of over 40 years and includes renovating the old laundromat which is now utilized as the Adult Day Care. They have upgraded the Nursing Office, renovated steel fire escapes and stairs, as well as annually hosting the Lunalilo Home Christmas dinner party for residents.

NOELANI MAHOE

Noelani Mahoe was an educator who taught ukulele and hula, developed a DOE Hawaiian Studies Curriculum Guide (K-6) and is a respected entertainer who has been performing for well over 60 years. A few years ago, she made a substantial donation to Lunalilo Home and more recently has donated the proceeds of her recently published book, "Ho'ahu'ana o Na Mele", to Lunalilo Home.🙏

MAHALO TO OUR SUPPORTERS

We express our sincere gratitude for the generosity of our many donors, partners, volunteers, and community organizations who support the Home throughout the year.



Noel, KCC OTA Student Volunteer



Friends and Family of the late Trustee Stanley Hong



Boy Scout Troop 101

Coming Soon:
More ways to connect with Lunalilo Home on social media!!
In August 2016 we will launch Facebook and Instagram pages.
Stay tuned!



Lunalilo Home
 Caring for Kūpuna
 Preserving a Legacy

SUPPORT LUNALILO HOME

Help enrich the lives of our kūpuna by supporting our efforts to provide compassionate quality care, infused with Hawaiian values and traditions.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

Mail completed form to: Lunalilo Home
 501 Kekāuluohi Street
 Honolulu, HI 96825

Make a donation online: www.lunalilo.org

Email: info@lunalilo.org

I want to make a difference in kūpuna lives. I would like to:

Make a donation

- | | | | |
|-----------------------------------|----------|----------------------------------|----------|
| <input type="checkbox"/> Lei Hulu | \$1,000+ | <input type="checkbox"/> 'Ohana | \$50 |
| <input type="checkbox"/> Alaka'i | \$500 | <input type="checkbox"/> Hoaloha | \$25 |
| <input type="checkbox"/> Kāko'o | \$100 | <input type="checkbox"/> Other | \$ _____ |

Please contact me:

- I want to make a recurring gift.
- I want to donate goods and services.
- I have included Lunalilo Home in my estate plans.
- I want to learn about estate and planned giving that will benefit Lunalilo Home and me.
- I want to become a volunteer. My interests are:

<input type="checkbox"/> Entertainment	<input type="checkbox"/> Special events
<input type="checkbox"/> Home maintenance	<input type="checkbox"/> Gardening
<input type="checkbox"/> Administrative	<input type="checkbox"/> Service projects
<input type="checkbox"/> Friendly visits	<input type="checkbox"/> Other



Lunalilo
Home

*Caring for Kūpuna
Preserving a Legacy*

501 Kekāuluohi Street
Honolulu, HI 96825
(808) 395-1000
www.lunalilo.org



OUR PROMISE

*To respect the individual
dignity of our Kūpuna
while providing care
in the spirit of aloha
and 'ohana*

OUR CORE VALUES

Aloha
Love, Compassion

Mālama
Caring

Laulima
Cooperation

Hō'ihī
Respect

Ho'omanawanui
Patience

Lokomaika'i
Generosity

Pono
Do what is right

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UPCOMING EVENTS & OPPORTUNITIES

****REVISED DATE****

Lunalilo Home 25th Annual Golf Tournament

**Friday, September 23, 2016
Hawaii Kai Golf Course**

Join us for a grand round of golf,
comaraderie, and great food at
the awards banquet immediately
following play.

For more information, contact us at 395-1000
or visit www.lunalilo.org to register a team
or make a donation in support of Lunalilo Home.

