Three New Temporary Trustees Join Current Trustees for Strategic Plan

The King William Charles Lunalilo Trust congratulates and welcomes Naleen Andrade, Michael Chun, and Laura Smith on their appointment by the Probate Court of the State of Hawaii to serve as Temporary Trustees of the Lunalilo Trust. They will join the current trustees, Kamani Kuala’au and Harvey McInerny, for the sole purpose of developing the Trust’s next strategic plan.

Dr. Andrade is Professor and Research Division Clinical Director, and Senior Mentor at the Department of Psychiatry, John A. Burns School of Medicine (JABSOM). Additionally, she is Deputy Designated Institutional Official and Director of Graduate Medical Education at JABSOM.

Dr. Chun is the retired President of the Kamehameha Schools and Headmaster of the Kapālama Campus. Aside from his 25 years of service at the Kamehameha Schools, he has and continues to be a leader in various community organizations.

Ms. Smith, for the past 21 years, has been the President and CEO of Goodwill Industries of Hawaii, Inc., has an extensive history of community service, and is the recipient of numerous awards for her program and business accomplishments.

The five trustees will work with the administration and consultants, over the course of the next year, to establish a path for the future direction of Lunalilo Trust and Home as it continues its quest to be impactful in its service to and care for Hawaiian küpuna, their ‘ohana, and the community. This path includes an external environmental scan of elder care, an assessment of Trust operations, explorations of various business models and strategic issues, and culminating with the formulation of sustainable and meaningful strategies for the future.

Lunalilo Trust is appreciative of the funding support for this strategic planning process through grants of $50,000 from the HMSA Foundation, and $25,000 grants, each, from the Kamehameha Schools and The Queen’s Healthcare System.

Lunalilo Trust is pleased to announce that Lunalilo Home received a $597,464 grant from The Office of Hawaiian Affairs (OHA) to partially cover costs associated with upgrades to its infrastructure, repairs to the over 100 year old Lunalilo Home main building, and replacement of all of the residents’ furniture and window dressings.

Lunalilo Home embraces its unique legacy and kuleana to address the health and safety of our disadvantaged Hawaiian küpuna. Lunalilo Home has done this by providing residential care at the iconic home in Hawaii Kai since 1927.

Originally the dormitory for the Marconi Telegraph Station- Koko Head built in 1914, the structure in which the Home exists last underwent major renovation from 1997 – 2001. Fifteen years later, the already aged facility – as gracious and grand as it is – is showing its continued advancing age, and its furnishings deteriorating.

With the funds received from OHA, Lunalilo Home will be able to make significant improvements in the facility and fulfill its promise to provide care in the spirit of aloha and ‘ohana by providing its küpuna with an increasingly safe and very comfortable home environment.
Caring with "Aloha"

“Aloha means love, affection, compassion, mercy, sympathy and kindness; to be able to translate differences into uniqueness; to be able to see and feel a person’s uniqueness, though they may present differences to you. It is that love, caring and spirituality that allow us to appreciate our differences as being unique and beautiful strengths that binds us rather than separates us.”

-Aunty Malia Craver’s speech at the United Nations, May 12, 2009

“Person-centered care” is an approach that frames care through the eyes of the küpuna receiving the care. Unlike the traditional medical model, this approach looks at the whole person (physical, social, spiritual, cultural needs). At Lunalilo Home, we support this national trend in senior care with the infusion of Hawaiian values and traditions.

We believe that caring with “aloha” is critical in the distinctive quality care we envision for our treasured küpuna. So what does caring with “aloha” mean to us?

Our staff collectively describe it as follows:

- Showing love, compassion, sympathy, kindness
- Treating küpuna with dignity & respect
- Caring how you want to be cared for
- Showing appreciation
- Building trust/ gaining trust
- Being fair and consistent in our actions
- Treating others in a gentle, friendly & kind manner
- Knowing likes, dislikes, history, & preferences
- Respecting other’s individuality and accepting them for who they are

Küpuna-Centered Celebrations

May Day Festivities

The Home’s annual May Day festivities brought together küpuna, family and friends in a celebration of Hawaiian music by Palaka Ohana, hula by the May Day Court and special guests, the gift of lei, and Lunalilo Home’s annual May Day laulau/poi lunch.

Independence Day BBQ

Always a festive occasion for residents, clients, families and friends, the annual July 4th Backyard Family event features a patriotic costume parade, games and kanikapila during the lunchtime outdoor BBQ with hot dogs, hamburgers and the works!

Halloween Costume Parade

The Halloween festivities began with a costume parade and contest, in which both the küpuna and staff participated. The küpuna stole the show with their fabulous costumes that ranged from wicked witches to punk rockers to Harley bikers to cuddly kitty cats.

Thanksgiving Family Meal

For almost fifteen years, the Rotary Club-Hawaii Kai has hosted a special Thanksgiving meal for the residents and families of Lunalilo Home. Over 30 members of the Kaiser High School Interact Club joined them in serving the meal and providing entertainment.

Resident with Mike Warren, Director of Nursing

Küpuna in Costume

Independence Day Family BBQ

Halloween Costume Parade

Thanksgiving Lunch
Community Connections
Partnership Between Rotary Club & Boy Scouts Eagle Project Restores Lunalilo Home Greenhouse

My name is Samuel Krakowiak, a Life Scout at Troop 777 in Honolulu, Hawaii. As I was coming up with ideas for my Eagle Project, I looked around my community and was told about a place called Lunalilo Home.

I wanted to find out more about Lunalilo Home so over the summer, I was a volunteer in the Adult Day Care (ADC). Working at the ADC reminded me a lot about my days with my grandparents who both passed away in 2013. I learned a lot about the kūpuna at the home and felt it would be great if I could help them in some way.

I spoke with the Administrator who said the greenhouse could use some care. I saw the greenhouse was in pretty bad shape with rotted out support beams, as well as gaping holes in the lattice walls. If a strong wind or hurricane came, that old building could be dangerous so I decided to fix it as my Eagle Project.

I discussed the project with my Scoutmaster and started looking for help in sponsoring my project. I was very blessed to connect with the Metro Rotary group who offered assistance in helping me develop the project.

We spent hours talking and emailing about the project, measuring the greenhouse, deciding what parts needed to be replaced or repaired, and coming up with the plan to do the project.

It took several months to coordinate the plan, get a supply list, and find a date when the Scouts and Rotary could do the project. On October 3rd, the Rotary teams (Metro and Hawaii Kai) and scouts were ready. With over 50 volunteers, we started the day with a blessing and then it was work, work, work!!

We spent the day reinforcing and rebuilding the greenhouse, clearing the garden areas, cleaning and painting the tool shed, and installing a sprinkler for several planters. Everyone worked hard and had fun.

On October 10th, we finished the greenhouse. I hope that many great harvests come from the garden and goes to the kūpuna’s meals, as well as offering some outdoor gardening activities for those who wish to garden, or just be outside enjoying the day!!

Written by Samuel Krakowiak, Eagle Scout.

Mālama i Nā Kūpuna: Caregiver Workshop Series

Caregiving for a family member or as an employee can be stressful and challenging at times. Learning mindfulness has been shown to help people reduce stress, anxiety, depression, and get better sleep. Studies also show that mindfulness practice helps caregivers relieve stress and reduce feelings of caregiver burden. Elders are affected by our stress and frustration, and developing mindfulness skills helps those we work with as well as ourselves. This hands-on workshop will provide basic training in simple mindfulness practices to help you feel less overwhelmed and be more present in your work and home life.

Workshop: Caregiver Mindfulness & Stress Reduction Workshop
Speaker: Dr. Lucas Morgan, Psychologist
I Ola Lahui, Hawaii Behavioral Health
Refreshments: Special refreshments served.

Date: Saturday, February 27, 2016
Time: 10 am – 12:00 am
Location: Lunalilo Home
501 Kekauluohi Street
Honolulu, HI
RSVP: 395-1000 or info@lunalilo.org
**Event Highlights**

**Annual Golf Tournament Honors Stanley Hong**

Lunalilo Home sponsors an annual Golf Tournament which helps raise much needed funds to help support the Home’s Native Hawaiian kūpuna who have insufficient finances to pay the regular monthly service fees for their residency.

This year, the tournament honored the memory of Stanley Hong, Lunalilo Home Trustee. Mr. Hong is fondly remembered at prior golf tournaments sitting in the golf cart, smoking a cigar, greeting and thanking all of the golf participants.

In his honor, Mr. Hong's golf buddies raised an additional $60,000 – centered around this tournament – to be used to refurbish the residents’ dining room at Lunalilo Home. The newly furnished dining room is anticipated to be completed in early 2016, and will be named in Mr. Hong’s honor.

For the fifth consecutive year, detailed coordination was handled by Grace Pacific Corporation’s President, Bill Paik and his experienced golf committee, along with community and Lunalilo Home volunteers.

It is with heartfelt gratitude that we say MAHALO to everyone who supported our event, and especially to those who provided significant financial support—Princess Abigail Kekaulike Kawanakoa, Queen Lili’uokalani Trust and Children’s Center, Grace Pacific Roadway Solutions, Kamehameha Schools, Office of Hawaiian Affairs, Queen’s Health System, Sandwich Isles Communications to make this year’s event such as success.

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**Wish List**

Would you like to donate items or volunteer at Lunalilo Home but are unsure of what is needed?

In support of our kūpuna, we have created a wish list of those items or community service projects that would help us greatly enhance the lives of those we serve.

Please help by fulfilling a wish...

For a complete list of ways that you can help, view our current Wish List at [www.lunalilo.org](http://www.lunalilo.org) or call us at (808) 395-1000 for more information on what is needed!
MAHALO TO OUR SUPPORTERS

We express our sincere gratitude for the generosity of our many donors, partners, volunteers, and community organizations who support the Home throughout the year.

SUPPORT LUNALILO HOME

Help enrich the lives of our kūpuna by supporting our efforts to provide compassionate quality care, infused with Hawaiian values and traditions.

I want to make a difference in kūpuna lives. I would like to:

Make a donation

- [ ] Lei Hulu $1,000+
- [ ] ‘Ohana $50
- [ ] Alaka‘i $500
- [ ] Hoaloha $25
- [ ] Kāko‘o $100
- [ ] Other $_________

Please contact me:

- [ ] I want to make a recurring gift.
- [ ] I want to donate goods and services.
- [ ] I have included Lunalilo Home in my estate plans.
- [ ] I want to learn about estate and planned giving that will benefit Lunalilo Home and me.
- [ ] I want to become a volunteer. My interests are:
  - [ ] Entertainment
  - [ ] Home maintenance
  - [ ] Administrative
  - [ ] Friendly visits
  - [ ] Special events
  - [ ] Gardening
  - [ ] Service projects
  - [ ] Other

Mail completed form to: Lunalilo Home
501 Kekāuluohi Street
Honolulu, HI 96825

Make a donation online: www.lunalilo.org

Email: info@lunalilo.org
Our Promise
To respect the individual dignity of our Kūpuna while providing care in the spirit of aloha and ‘ohana.

Our Core Values
Aloha
Love, Compassion
Mālama
Caring
Laulima
Cooperation
Hōʻihi
Respect
Hoʻomanawanui
Patience
Lokomaikaʻi
Generosity
Pono
Do what is right

Upcoming Events & Opportunities

Annual Lunalilo Home Benefit Lūʻau & Mālama Kūpuna Awards

In our annual tradition, Lunalilo Home will host a Lūʻau featuring ‘ono food, nahenahe music, beautiful hula, and a relaxing time with family and friends!

2016 Mālama Kūpuna Awardees:
Edwina Noelani Kanoho Mahoe
Kawaiahaʻo Church
Lion’s Club- Hawaii Kai

Your continued support, generosity and kōkua are especially appreciated, and will help assure that we will be able to provide for our kūpuna.

Saturday, February 6, 2016
11:00 a.m. to 1:30 p.m.
Tickets - $50 per person & Special Benefit Tables

For more information, contact us at 395-1000 or visit www.lunalilo.org to purchase tickets or make a donation in support of Lunalilo Home.